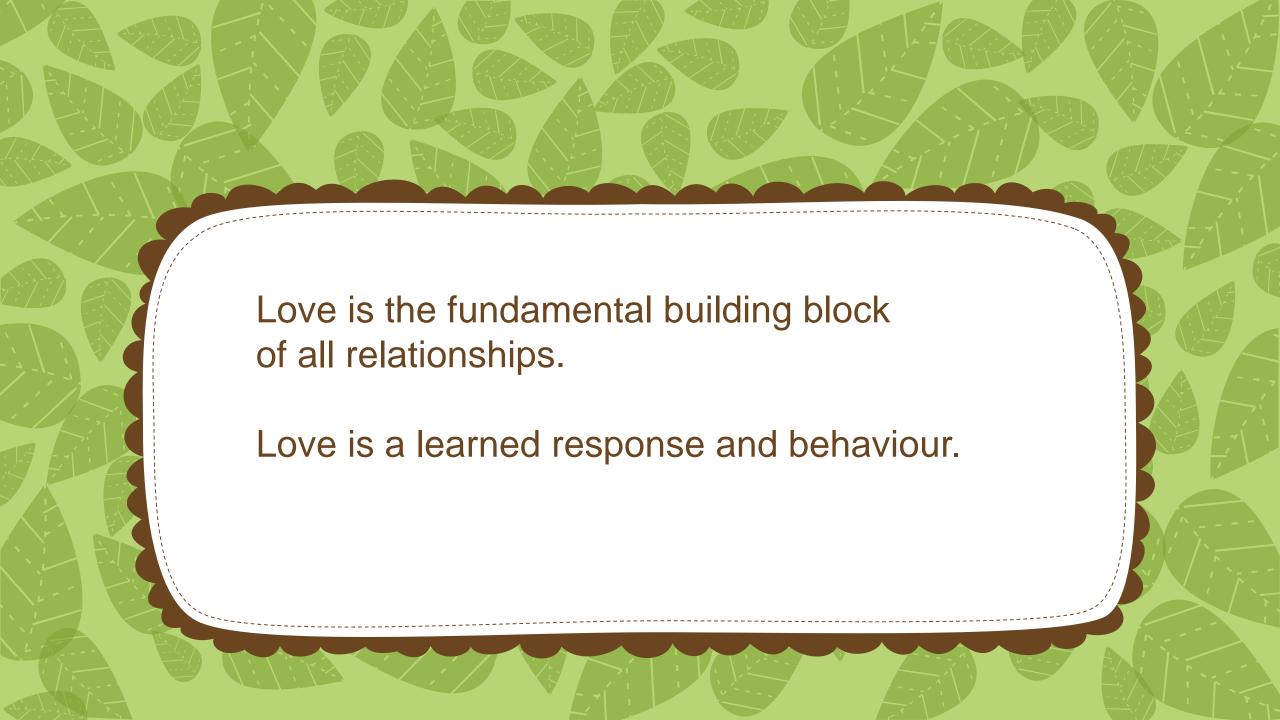
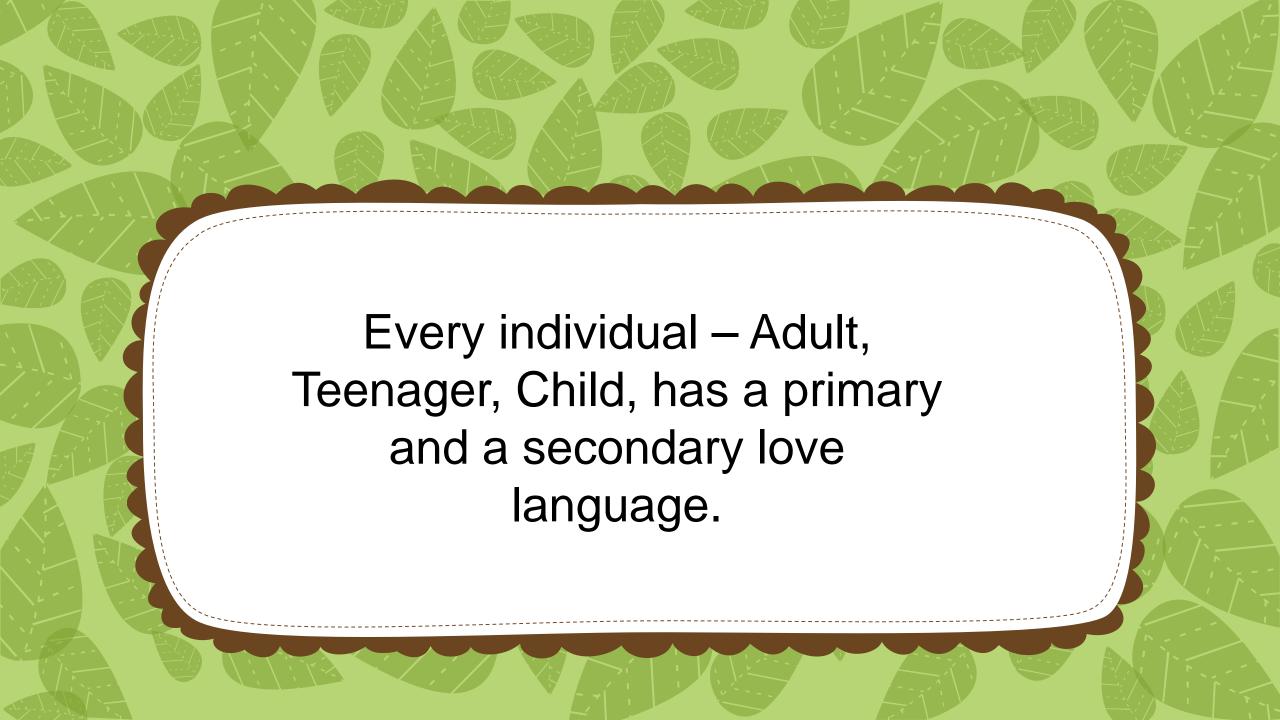


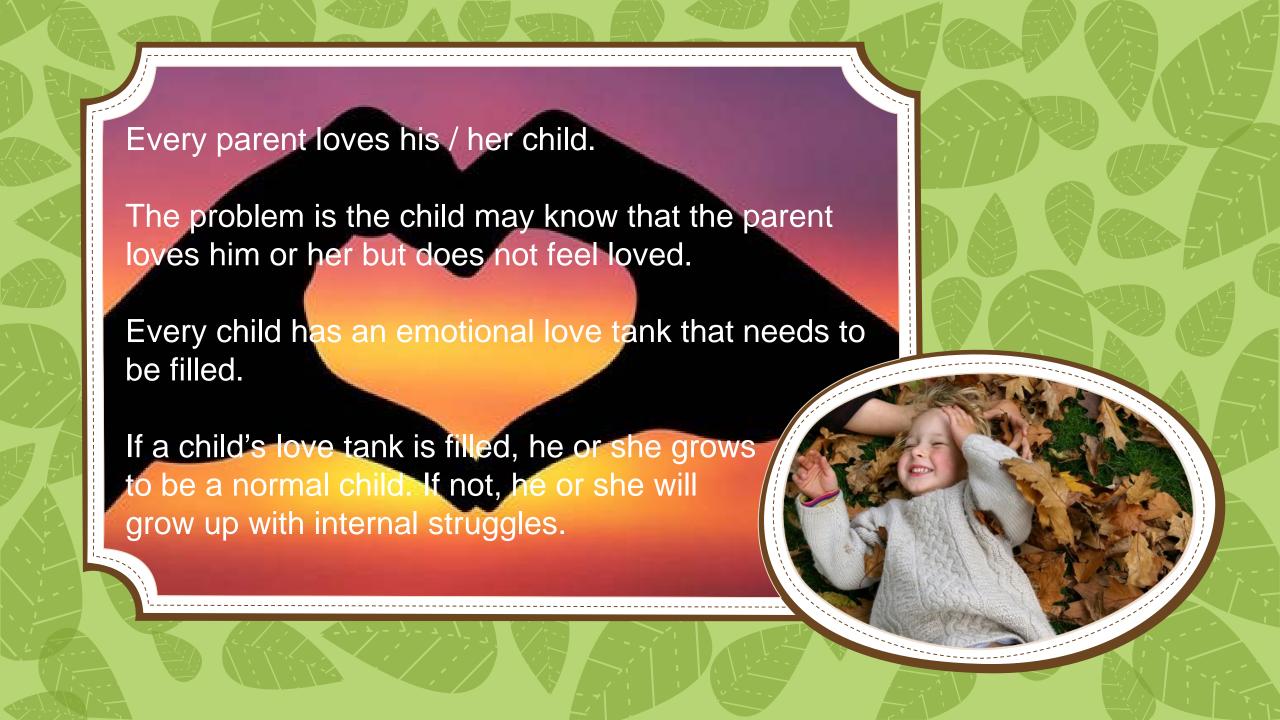
5 Love Languages of Children

By Drs Gary Chapman & Ross Campbell



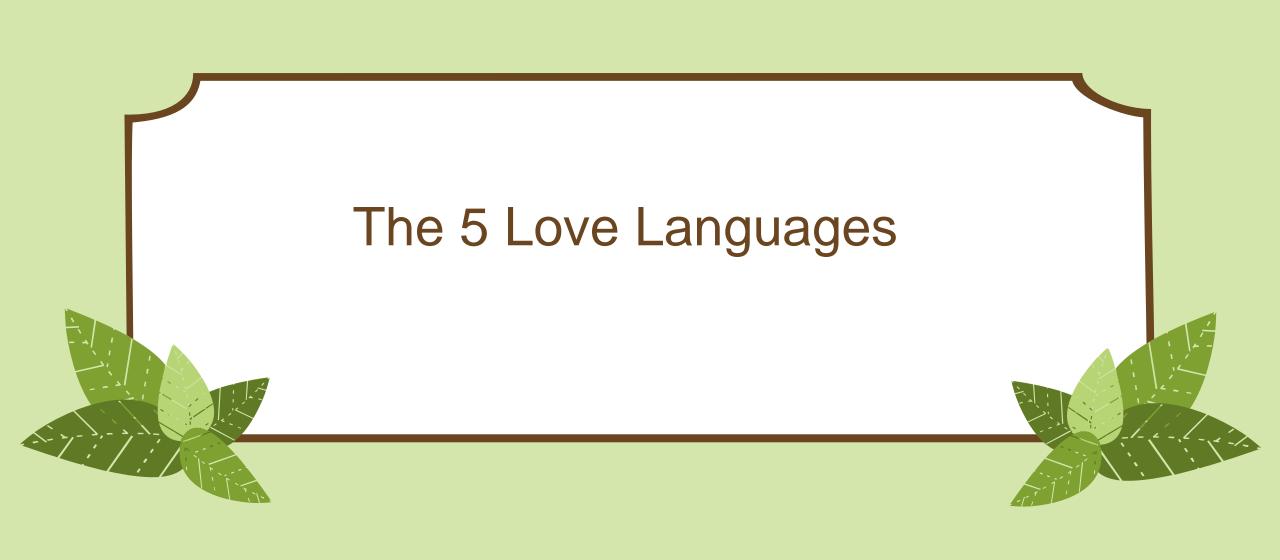
TNS School Value and School Vision Love Love to Learn and Learn to Love







Many people in the world speak English but different parts of the world speak different variations of English.



Physical Touch

- All children need to be touched by significant adults such as mother, father, grandparents and teachers.
- Physical touch will communicate love more deeply than words, presents or spending time with them.
- Very touchy children.
- Physical presence and accessibility are crucial to them.
- Neglect or abuse can be unforgivable and destructive to them.



Words of Affirmation

- Words Speak Louder than Actions.
- A child reaps the benefits of affirming words for a lifetime.
- Insults can leave the child shattered and are not easily forgotten.
- Cutting words can hurt the child's self-esteem and cast doubts about his/her abilities.
- Tone of voice is very important to the child.



Powerful communicators of love.

To be expressed as straightforward statements.

- E.g. I love you
- E.g. You look great in the outfit
- E.g. You have a beautiful smile



Encouraging Words

 Children often lack courage and the lack of courage can hinder them from accomplishing the positive things that they would like to do.

• The child's latent potential awaits encouraging words.

• Encouragement requires empathy and seeing the world from the child's perspective.

Praise the effort.





- Must use kind words to communicate.
- Mindful of tone.
- The child interprets your message based on your tone of voice. It's not <u>what</u> you say but <u>how</u> you say it.

Dialect

ONE KIND WORD CAN CHANGE SOMEONE'S ENTIRE DAY.

Words of Forgiveness

- Do not keep a score of wrongs.
- Do not bring up the past failures.
- Forgiveness is a way of love and to restore relationship.
- You must verbalise "I'm sorry".



Humble Words

Make requests not demands.

 When making a request, you are affirming the child's worth and abilities.

A request introduces the element of choice,

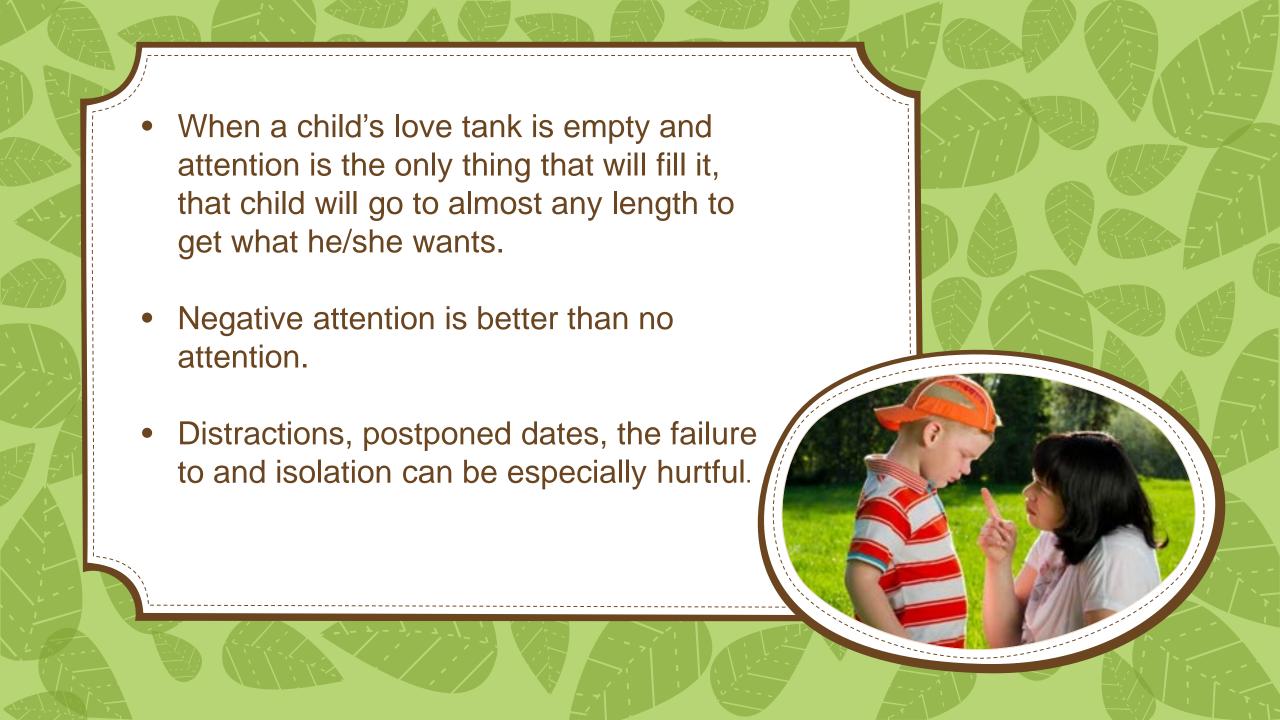
 A request creates the possibility for an expression of love, whereas a demand suffocates that possibility.



Quality Time

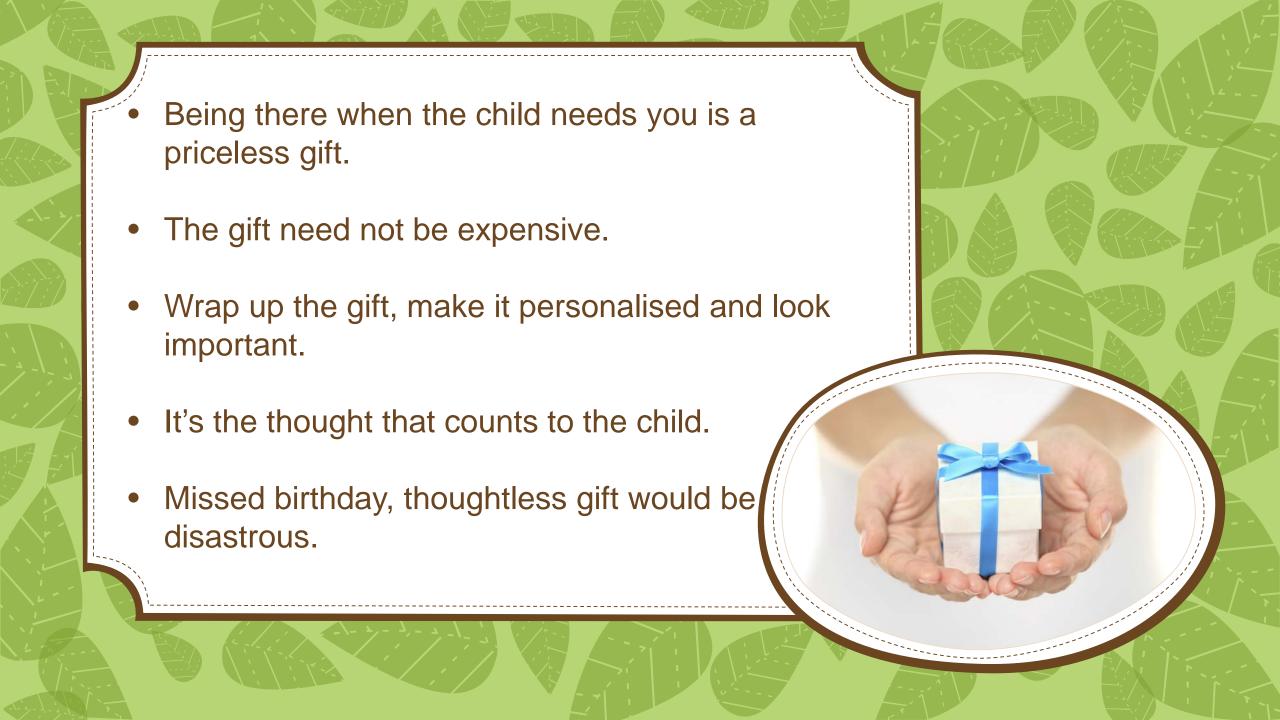
- Giving the child undivided attention.
- No distractions. Being completely there.
- Quality conversation.
- Active listening.
- Maintain eye contact.
- Observe the body language.
- The child focuses on what you are hearing.
- The emphasis is not on <u>what</u> you are doing but on <u>why</u> you are doing it.





Receiving Gifts

- This is not about materialism. If you give the gift in right way, a 'stone' becomes a 'gem' in the child's eyes.
- The child thrives on the love, thoughtfulness and effort behind the gift.
- The other love language must be given along with the gift to keep the emotional tank full.
- Giving and receiving gifts are both important to the child.
- A true gift is not a payment for services or behaviour but an expression of love freely given by the donor.



Acts of Service

- Actions speak louder than words.
- Show love by helping the child do things he/she cannot do for himself/herself.
- Help them do things faster when you are in a hurry.
- Want to hear "Let me do that for you".
- Teach them serve others and themselves.
- Laziness, broken commitments, making more work for them would mean their feelings do not matter.
- This language is both physically and emotionally demanding.

How to tell a child's love language

- If the child is very young, observe what he or she does or says.
- E.g. If the child likes to hug or touch you or squeeze in between 2 people.
- E.g. Is my drawing nice?
- E.g. Can you play with me?
- E.g. Can you do this for me?
- E.g. I want to give my teacher a present.
- For slightly older children, have them do the quizzes.

Quiz for 5 Love Languages

- Such quizzes can be found online.
- Do you know your own love language?
- Do you know your spouse's love language?

In Summary

- Every child has a primary and secondary love language.
- Speaking the child's correct love language will fill his/her emotional love tank and the child will be more motivated to do well and less likely to misbehave.
- Speak the right love language and you can connect better with your child.
- There are dialects within each love language and these dialects change with age though the primary love language remains the same.
- Speaking the child's love language can be a way to build strong relationships.



